



Natalie N. Hughes-Perry, LGSW

Natalie Hughes-Perry is the Chief Administration Officer of Metropolitan Mental Health Clinic and is dedicated and committed to *“improving the quality of life, one person at a time.”* As the Chief Administration Officer, she stays abreast of social policies that govern the implementation of the clinics program. She advocates for individuals; families; and groups to empower social change and to overcome social injustices.

Natalie obtained a Master of Science degree in Social Work from University of Maryland at Baltimore. There Natalie gained the experience and knowledge to strengthen relationships to enhance social conditions and promote change. While growing up in Amsterdam, Holland, Natalie experienced first hand the impact of cultural differences and adapted to the diversity amongst cultural groups. She lived and received her early education in Amsterdam, Holland, Rome, New York, and Merced, California. Natalie progressed through grade school and graduated from Largo Senior High School in Prince Georges County, Maryland.

Natalie’s loyalty to *“improving the quality of life, one person at a time”*, has contributed to the success of the clinic’s program. She utilizes her skills as a psychotherapist to help individuals elevate life stressors that leave them vulnerable toward inequality. Natalie volunteers her professional expertise to the development of policies and procedures to improve delivery of services and to promote the resiliency and recovery of patients.

Natalie has a wide range of experience; working with individuals suffering from Schizophrenia; Bipolar Disorder; Depression; ADHD; Co-Dependency; Panic/Anxiety Disorders and other emotional /behavioral disturbances. She psycho-educates patients and their families to help them cope with their circumstances and solve their problems more effectively.