



**Makeitha H. AbdulBarr, LCPC**

Makeitha AbdulBarr is the Chief Operations Officer of Metropolitan Mental Health Clinic. She embodies the clinic's mission statement which is the commitment to ***"improving the quality of life, one person at a time."*** As the Chief Operations Officer, she provides management oversight in the clinic in the areas of management strategies and implementation of the clinic's policies and practices. Her duties extend beyond the clinic walls into the community. She serves as the Director of Community Outreach.

Ms. AbdulBarr holds a Master of Education degree in Guidance and Counseling from Bowie State University. Her undergraduate work was completed at Morgan State University in Baltimore, Maryland where she obtained a Bachelor of Science degree in Mental Health. Ms. AbdulBarr began at an early age adapting to different cultures and languages. She lived and received her early education in Amsterdam, Holland. Rome, New York, and Merced, California. Ms. AbdulBarr progressed through grade school and graduated from Largo Senior High School in Prince Georges County, Maryland.

Ms. AbdulBarr's experience and accomplishments as an educator, mental health therapist and community activist led to the success in quality of care provided by the staff at Metropolitan Mental Health Clinic. Ms. AbdulBarr leads numerous projects and initiatives covering a wide range of social policies, including mental healthcare delivery and accessibility and patient welfare.

Prior to Metropolitan Mental Health Clinic, Ms. AbdulBarr worked in the Prince George's County School System as a Guidance Counselor. She held the distinction of being the youngest Guidance Counselor employed in Prince Georges County. After a short period with the school system, Ms. AbdulBarr went on to start her own business in 2003.